



**Au Pair Weekly Work Schedule**  
to be filled out and agreed upon by Host Family and Au Pair together

<b>Hours Au Pair is on duty</b>	<b>Total # of Hours</b>
Monday _____	_____
Tuesday _____	_____
Wednesday _____	_____
Thursday _____	_____
Friday _____	_____
Saturday _____	_____
Sunday _____	_____

If you have an irregular schedule please make every effort to create a schedule for the upcoming week every Sunday so that the Au Pair can plan her free time accordingly. Please remember that the Au Pair's work hours cannot exceed a total of 45 hours in a given week and 10 hours in a given day. The Au Pair is entitled to one and one half days off every week (a half day of work cannot exceed 5 hours), and one full weekend (from Friday evening to Monday morning) off once a month.

**Household Chores**

Please describe the household chores (must be child related) expected of the Au Pair on a daily or weekly basis: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Other expectations**

Please specify any other expectations that you may have of the Au Pair as a member of the household, i.e., putting gas in the car after car use, household guests etc. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_